



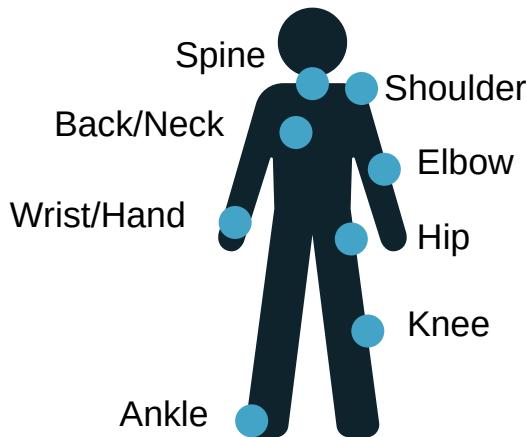
Your Personal Physician

For Orthopedic

Pain & Conditions



Body Parts included:



Imaging Review



Advanced Injection Therapy



Conservative Treatment Options



Surgical Review and Recommendations

ANNOUNCING

We have a partnership with MDDirect. You get access to board-certified orthopedic physicians at the clinic and in the comfort of your own home.

You get advanced orthopedic/musculoskeletal expertise to help you navigate orthopedic conditions.

MDDIRECT COMES AT NO COST TO YOU!

NO COPAYS, NO OFFICE VISIT

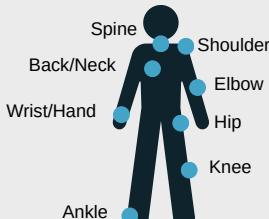
CONNECT WITH MDDIRECT

844.462.6330

care@gomddirect.com

Orthopedic & Spine Procedures

Including procedures for the following body parts:



Mandatory 2nd Opinion Program



1 Has your doctor recommended imaging on a body part above and/or orthopedic or spine surgery?

2 **BEFORE YOU SCHEDULE THE SURGERY**, you must obtain a second opinion from MDDirect. Contact at the number below to get the process started.

Call: 844.462.6330

Or complete assessment online:



3 After a quick assessment online or via phone, you'll schedule a evaluation with a board-certified orthopedic physician at MDDirect. They will determine if surgery is the best option and if there are better treatments available. **All at NO COST to you!**

If the MDDirect 2nd opinion agrees with the physicians recommendation for surgery, you can schedule the surgery (pre-certification requirements still apply)

If the MDDirect 2nd opinion differs with the physicians recommendation for surgery, they will recommend an alternative treatment option based on the most up-to-date clinical evidence. They may consult with your physician.

ORTHOPEDIC INJURY? (KNEE, SHOULDER, HIP, BACK/NECK, ETC)

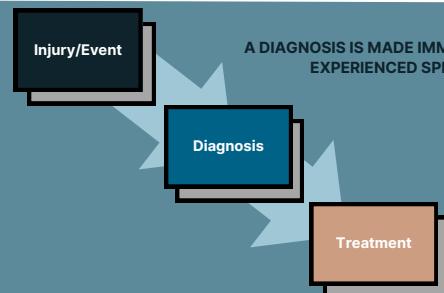
VIP Access to Orthopedic Physicians - No Cost to You!

START YOUR ORTHOPEDIC JOURNEY WITH THE BEST

Get the same treatment model as professional football players



THERE ARE 17+ ORTHOPEDIC SPECIALISTS ON THE SIDELINES OF AN NFL GAME



There is a faster way to get back to your health of for your orthopedic injury or disease

Your own personal physician, who is on your side and not incentivized to push certain treatments. Available in less than 24-48 hours.

Meet Dr. Bert (one of your MDs)



Board-Certified Orthopedic Surgeon
Mayo-Trained
Past President of Arthroscopy Association (7,000 MDs)
Written over 73 peer reviewed articles
Lectured in 23 different countries
18,000 hours of orthopedic training
182,000 to 270,000 patient visits
19,000 to 24,000 surgeries over career

You Get:

- Understand what treatments are available
- Get answers to your pressing questions
- What the recent research and evidenced based medicine applies to your pain, diagnosis or surgery.

MDDIRECT ALLOWS YOU TO **SKIP THE LINE** AND GET STRAIGHT TO THE EXPERT AND FORMULATE A MEDICAL PLAN TO ACCELERATE YOUR OUTCOME

MDDIRECT'S PRIORITY IS GETTING YOU HEALTHY AS FAST AS POSSIBLE

Complete a quick 5-minute health questionnaire to assist us in connecting you with the appropriate specialist.



CONNECT WITH SPECIALIST



RECOMMENDATION FROM SPECIALIST



How to Get to Your MDDirect Physician

844.462.6330

Dial to Speak to MDDirect Nurse

care@gomddirect.com
Email to coordinate a visit

**Less Visits Per Injury =
Better Care**



vs. **Traditional 13.2 VISITS**

\$0 Co-Pay, \$0 Out of Pocket



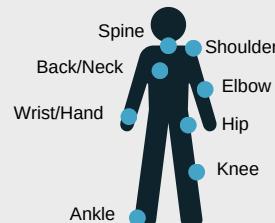
This is an added benefit to your medical health plan

Dear Member,

We deeply value your contributions to the success of ECASD! As part of our commitment transforming healthcare, we continually pursue new benefits that support our employees and their families to transforming healthcare for our company, we continually pursue new benefits that support our families by providing the highest quality healthcare available

if you, or a family member (on our insurance plan), are facing surgery or have received a complex diagnosis from this covered list, MDDIRECT CAN HELP! Call, email or sign-up online with our Care Coordinators today! **844.462.6330**, care@gomddirect.com

Orthopedic & Joint (Knee, Hip, Shoulder, etc) Spine (Back, Neck, Fusion, Laminectomy, etc)



THE MDDIRECT BENEFIT

Because you are enrolled in our health plan, you can receive a qualified second opinion, surgery (if necessary), and treatment plan from America's top acclaimed orthopedic physicians. When utilizing MDDirect, eligible members get direct access to physicians without any financial incentives to pursue costly and sometimes inappropriate care.

NO COST? Utilizing MDDirect costs you nothing, when you get a second opinion it doesn't cost you or your family anything.

WHAT YOU NEED TO DO: Understanding this life-changing benefit is essential. MDDirect's care coordinators and physicians are here to help you and your family through this healthcare process of making informed decisions, receiving a proper diagnosis and experiencing the VIP care you deserve.

If you have any questions about this unique medical benefit, please reach out by phone, email or on the website and the care coordinator will help you connect.

\$0 Co-Pay, \$0 Out of Pocket

How to Get to Your MDDirect Physician

844.462.6330

Dial to Speak to MDDirect
Nurse

Email: Care@gomddirect.com

Experiences of Members with MDDirect

MDDIRECT MEMBER EXPERIENCE

Eliminating Shoulder Surgery In A Member with Appropriate Treatment

Situation

- 2 local orthopedic surgeons recommended a shoulder surgical procedure (age 50s)
- Injection was completed by local MD and determined “conservative treatment failed”
- The member was unable to raise arm past her head for 8 months

MDDirect Approach

- Reviewed MRI live with individual
- Determined injection procedure was done incorrectly, it missed the biceps and focused only on the shoulder

MDDirect Response

- Sent them to partnering clinic and did shoulder injection including the biceps

Result

- Within 5 minutes the member could raise her arm above head for first time in 8 months!
- Eliminated need for total shoulder \$30K - \$50K+ procedure
- Eliminated need for at least 2-3 total shoulder surgeries in lifetime
- **4 years later no surgery, pain free, normal range of motion and strength**



MDDIRECT MEMBER EXPERIENCE

Misdiagnosis of Local Provider

Situation

- Local chiropractic provider did multiple MRIs on lower back
- Treated for 3 months using PT, Chiropractic treatments
- Frustrated with how long care was taking and wanted something new

MDDirect Approach

- Changed focus to the hip
- Obtained MRI on hip
- Labral Tear and hip impingement diagnosis

MDDirect Response

- Recommends orthopedic surgery on hip (OP)

Result

- OP surgery on hip
- Felt 90% better after procedure
- **"I can't thank you enough, I am so glad I finally got to someone who wanted to solve my problem."**

