



24/7 Helpline

Help is just a phone call away.

Get free confidential help today.

24 hours a day, 7 days a week, 365 days a year!

The HealthEZ Helpline is here to answer your questions and offer advice. Access our team for guidance on:

- Health symptoms and concerns
- Medications and side effects
- Reliable self-care home treatments
- When to go to the doctor
- When to go to urgent care
- When to go to the emergency room
- Local physician and hospital resources
- Wellness Information



800-719-4814

Call the toll free 24/7 helpline with any health questions. Additionally, you can email service@healthez.com. The HealthEZ Helpline is not a live phone line and calls will be returned within 4 hours or less.

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